

Endometriosis Surgery Information Night

**No win. No Fee.
No Fear.**

If you are reviewing your medical care, here are some practical steps you can take. If you have concerns about your medical treatment it can feel overwhelming. The steps below may help you gather information and take care of yourself during the process.

What you need to do...



Step 1:

Request your medical records
You have the right to request copies of your medical records. This may include: Surgical reports, hospital records, pathology results, imaging reports, consultation notes, discharge summaries
You can request records from :
Hospitals , pathology providers, imaging centres, specialist clinics

When requesting records :

- Ask for complete copies of records relating to your care
- Include your full name date of birth and contact details
- Keep all copies of your requests



Step 2:

Take your time reviewing records

Reading medical records can be confronting. Consider:

- Reading them slowly
- Taking breaks if needed
- Having a trusted person with you
- Discussing them with a healthcare professional

It is normal to experience strong emotions when reviewing medical information.



Step 3:

Write down instructions
If you notice things you do not understand or remember differently, write them down.

Examples might include:
Procedures performed, reasons documented for surgery, findings recorded during procedures, consent discussions



Step 5:

Consider Emotional Support
Experiences involving medical harm or uncertainty can be emotionally difficult.

Support options may include:

- counselling
- speaking with a trusted support person
- peer support groups
- Mental health professional support

Seeking support is a normal and healthy response.



Step 4:

Seek a Second Medical Opinion
If you have ongoing concerns, you may wish to seek an independent medical opinion.

A second opinion can help:

- explain medical terminology
- review clinical decisions
- clarify treatment options moving forward



Our Female-led Legal Team

Our medical negligence team has a wealth of experience dealing with unnecessary surgery claims.

Emily Hart - Head of Medical Negligence, Principal

Alannah Goodwin - Principal

Samara Delmenico - Lawyer

Rebekah Case - Senior Associate

Emily Pompetti - Associate

Beatrix Catris - Lawyer



Scan the QR Code to find out more

Additional Support

Support Line for former patients of Simon Gordon

- Women's Health Victoria is providing the [Endometriosis and pelvic pain surgery concerns line](#)
- Phone number: 03 9664 9330
- The service provides confidential, trauma-informed support, health information and referral pathways for previous patients of Simon Gordon.
- The support line will be operational from 1pm on Monday 2 March, then open from 9am to 5pm, Monday to Friday

Medical Records:

- Requests for medical records can be sent to drsimongordon@gmail.com
- Include full name and date of birth
- Requests can specify 'complete copies' of all records held in relation to the requesting patient.

Government Contacts:

- Government Officials
- Victorian Premier - Jacinta Allan jacinta.allan@parliament.vic.gov.au
- Minister for Health (Victoria) - Mary-Anne Thomas mary-anne.thomas@parliament.vic.gov.au and minister.health@health.vic.gov.au

Crisis Support:

- The details involved in this matter may be distressing, prioritising wellbeing is important.
- There are many sources of support from qualified and caring professionals.

Histopathology Reports

- Histopathology reports may be available through a patient's [MyHealth Record](#) – accessible through MyGov. Records may also have been sent to a GP.
- [Melbourne Pathology](#) histopathology reports can be requested through results@mps.com.au
- [Epworth Pathology](#) histopathology reports can be requested through medicalrecordaccess@epworth.org.au (phone enquiries 03 9287 7888)
- Records can be requested to be uploaded to a patient's My Health Record
- A GP may be able to assist with reviewing and understanding results